

# COSPLAY TOP TIPS & HINTS

Cosplay is amazing fun, but outdoor events — especially in warm weather — can make things a little more challenging.

We'd like to remind everyone to come prepared so you can stay comfortable, safe, and enjoy your day to the fullest. If you need medication, please don't forget to bring it with you.

Here are some helpful cosplay tips & tricks from Alice:

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## Stay Hydrated

Drink plenty of water throughout the day — ideally every hour, especially in hot weather.

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## Keeping Cool (or Warm!)

- If your costume gets very hot, you can buy cooling or ice patches from most stores or pharmacies. They're usually sold for migraines but work perfectly under cosplay costumes to help keep you cool.
  - If you tend to get cold easily, heat patches can help too.
  - Cooling water sprays can be found in many drugstores for around £1 and are great for refreshing yourself during the day.
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## Take Regular Breaks

Brands Hatch is a huge venue, so don't push yourself too hard.

There are plenty of seating areas around the venue, and additional seating will also be available in the Cultural Zone for a more sheltered rest area. Please remember that this area can still become quite warm in sunny weather.

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## Be Prepared for UK Weather

UK weather is famous for changing constantly — sometimes all four seasons in one day!

Bring a foldable umbrella with you to protect yourself from rain or strong sun. They're useful for shade too.

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## **Sun Protection**

Don't forget high SPF sunscreen — you never know when the sun will decide to appear in full force.

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## **Wigs & Wig Caps**

Wigs and wig caps can sometimes feel tight and may cause headaches or migraines.

Please feel free to remove them occasionally and take short breaks if needed. Your comfort always comes first.

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## **Contact Lenses**

Coloured contact lenses look amazing, but they can sometimes make your eyes dry or itchy.

Please remember to bring:

- Your contact lens case
- Contact lens solution
- Eye drops

If your eyes become irritated, remove your lenses immediately. You'll still look amazing without them — your eyesight is far more important.

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## **Footwear Safety**

Please be careful when wearing high heels or platform shoes, as they can limit your mobility and increase the risk of tripping in busy areas.

Your safety comes first, so bringing spare comfortable shoes is always a good idea.

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## Staying Fresh

- Deodorant can help you stay comfortable and cool throughout the day.
  - Antibacterial wipes or baby wipes are also great for a quick refresh.
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## Using Hairspray

Hairspray is every cosplayer's best friend — but please try to use it outdoors where possible.

If you must use it indoors, please make sure there are no people nearby who may be affected, as it can cause irritation.

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## Allergies & Medication

If you have allergies, please make sure to bring any required medication with you.

If you have ingredient-specific allergies, always check with vendors before purchasing food or drinks.

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## Make a Checklist Before You Leave

Whether you're a cosplayer or not, making a checklist can really help avoid forgetting important items.

### Helpful items to pack:

- Hairpins
- Safety pins
- Travel sewing kit
- Super glue
- Medication
- Eye drops
- Wipes
- Spare shoes
- Water bottle
- Anything else from the list above

Check your items before leaving home so you can enjoy the day comfortably without unnecessary stress.

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We hope these tips help you stay prepared and enjoy your day to the fullest.

Nothing should stop you from having fun!

See you at: